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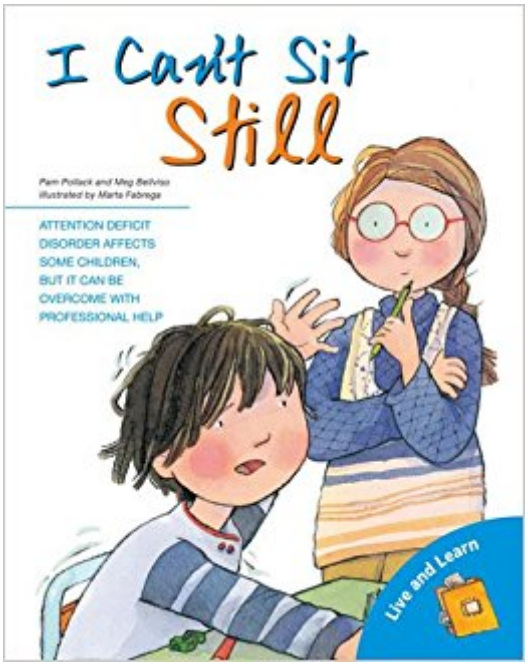
I Can't Sit Still!: Living With ADHD (Live And Learn Series)



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Synopsis

Titles in BarronÃ¢â ¬â„¢s Live and Learn series are sensitively written picture storybooks that take a childÃ¢â ¬â„¢s point of viewÃ¢â ¬â ¢especially in regard to kids who need encouragement in the face of an emotional or a physical difficulty. Following each story are four pages of suggested activities that relate to its theme, followed by a two-page section that offers advice to parents. Live and Learn titles are also available in Spanish language editions under the series title Vive y aprende. Here is the story of a child who has ADHDÃ¢â ¬â ¢attention-deficit disorderÃ¢â ¬â ¢and is mistakenly perceived as being unruly and incapable of following instructions. Ultimately, this little boy overcomes this problem with help from the family doctor, his parents, and his teacher.

Book Information

Age Range: 6 - 9 years

Series: Live and Learn Series

Paperback: 36 pages

Publisher: Barron’s Educational Series (October 1, 2009)

Language: English

ISBN-10: 0764144197

ISBN-13: 978-0764144196

Product Dimensions: 0.2 x 7.5 x 9.8 inches

Shipping Weight: 1.6 ounces (View shipping rates and policies)

Average Customer Review: 3.2 out of 5 stars 6 customer reviews

Best Sellers Rank: #557,312 in Books (See Top 100 in Books) #129 inÃ Â Books > Health, Fitness & Dieting > Children’s Health > Learning Disorders #2028 inÃ Â Books > Children’s Books > Growing Up & Facts of Life > Health #11420 inÃ Â Books > Children’s Books > Growing Up & Facts of Life > Family Life

Customer Reviews

Reassuring precisely because it is so honest about how hard it is to live with Attention Deficit Hyperactive Disorder (ADHD), this attractive paperback discusses the issues in the immediate first-person narrative of a young boy who struggles with the condition. Full-page, ink-and-watercolor illustrations show the boy having trouble following rules, waiting his turn at kickball in the schoolyard, paying attention in class, and remembering his chores at home. Then he sees a special doctor who explains his condition, and a large, clear diagram of the brain shows where messages become lost or have difficulty getting through. With medicine to help the brain do its job, and with

the support of his family and teacher, the boy learns to follow a schedule, break things down into steps, and adopt other coping strategies, and everything becomes easier (Ã¢â ¬Å“I can control myself!Ã¢â ¬Â•). Useful back matter includes suggested activities and a parentsÃ¢â ¬â„¢ guide for diagnosis and treatment. Preschool-Grade 3. --Hazel Rochman

Pam Pollack live in New York CityMeg Belviso, live in New York City

Was received in great shape and quickly. Was a great book for my son and myself. Helped us find words and thoughts for what he was already dealing with.

The author offers this ÃƒÂ¢Ã â ¬Ã Å“definitionÃƒÂ¢Ã â ¬Ã Â• of AD/HDÃƒÂ¢Ã â ¬Ã â •People with the disorder ÃƒÂ¢Ã â ¬Ã Å“canÃƒÂ¢Ã â ¬Ã â„¢t wait their turn or follow rules.ÃƒÂ¢Ã â ¬Ã Â• There is no other description. I wish I was joking. This book is about impulsivity, not attention deficits. And no it’s not an interesting or informative book about impulsivity.Here are some superb books for children and teens with AD/HD.Grades 1-3Mrs. Gorski, I Think I Have Wiggle Fidgets, Barbara EshamMy Warp Speed Mind, Donalisa HelsleyOtto Learns About His Medicine, Matthew GalvinShelley, The Hyperactive Turtle, Deborah MossMy Friend Has ADHD, Amanda Tourville80HD: A ChildÃƒÂ¢Ã â ¬Ã â„¢s Perspective On ADHD, Trish WoodAnnieÃƒÂ¢Ã â ¬Ã â„¢s Plan: Taking Charge of Schoolwork and Homework (attention, time management, organization, homework), Jeanne KrausTerrific TeddyÃƒÂ¢Ã â ¬Ã â„¢s Excessive Energy, Jim Forgan1-6All Dogs Have ADHD, Kathy Hoopmann2-6Jeanne Kraus- Get Ready for Jetty! My Journal About ADHD and Me, Cory Stories: A KidÃƒÂ¢Ã â ¬Ã â„¢s Book about Living with ADHD3-6Captain Underpants series, Dav PilkeySlam Dunk: A Young BoyÃƒÂ¢Ã â ¬Ã â„¢s Struggle with Attention Deficit Disorder, Roberta Parker3-7SparkyÃƒÂ¢Ã â ¬Ã â„¢s Excellent Misadventures: My ADD Journal, Phyllis Carpenter3-8Journal of an ADHD Kid: The Good, the Bad, and The Useful, Tobias Stumpf4-8Joey Pigza series, Jack Gantos6-12ADHD and Me: What I Learned from Lighting Fires at the Dinner Table, Blake TaylorADHD in HD: Brains Gone Wild, Jonathan ChesnerA BirdÃƒÂ¢Ã â ¬Ã â„¢s-Eye View of Life with ADD and ADHD, Chris Zeigler DendyPositively ADD: Real Success Stories to Inspire Your Dreams, Catherine CormanThe Sensory Team Handbook (for sensory processing/integration symptoms of AD/HD), Nancy Mucklow8-12Understand Your Brain, Get More Done: The ADHD Executive Functions Workbook, Ari Tuckman

I Can’t Sit Still Living with ADHD is a great book to introduce in a classroom. It is about a young boy who struggles with ADHD, and it is hard for him to pay attention in school, wait his turn in the classroom, shouting out answers, and following rules at recess. At his visit with the doctor, he explained that when people have ADHD, it is hard for messages to travel from one part of the brain to another. The messages can get lost, or not go through at all. But with a schedule, and medicine, the ADHD can be monitored and controlled. I would definitely share this book in a classroom. It exemplifies inclusion well, because the child with ADHD is in a general education classroom, and it shows the difficulty that he has in school and home. If introduced in my classroom, the children become aware that just an ordinary kid, looks the same as everyone else, can internally be struggling. A child with ADHD that reads this book can also be reassured that things can turn out okay. I know that sometimes medicines don’t always work for people, or parents may not agree, but accommodations can be made in the classroom. In this book the boy stays positive and says, "ADHD means some things are harder for me. But it doesn’t mean I can’t have fun." With this statement, children are easily reminded that it can be hard, but they’ll get through it. At the end of the book, the little boy ends up paying attention in school, waiting his turn, and following rules. Also after the story, there is a parent’s guide that provides a sample checklist and a list of symptoms to help them recognize potential ADHD behavior. It briefly talks about a cure and how parents can help their child, and this is helpful to not only the parent but the teacher as well. Also for older students, they can read these lists, and maybe recognize similar behaviors in themselves, and let someone know early on rather than waiting for an adult to catch on.

I would have liked this better if it didn’t imply that medication is the only solution for ADHD. It’s also incredibly long. Pretty difficult to read to a small child struggling with ADHD.

I wish I could find a book that doesn’t suggest or discuss medication but rather give children tips and tricks to help them learn how to manage and even use their natural gift of a brain that see the world differently.

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